

Bold Font Authentic Leadership – FAQ's

- **Who is a candidate for Authentic Leadership?**
Authentic Leadership is ideally suited for those who are people, program, or project leaders at any level as well as individual contributors who are seeking to build leadership skills. The content is the same for all participants regardless of their level, the value is in the peer interactions, sharing and coaching scope.
- **What will I gain by participating in Authentic Leadership?**
Bold Font Authentic Leadership offers a foundational leadership program that meets people where they are. You will discover and develop your authentic leadership style, understand leadership relationships, and gain critical feedback, communications, conflict management, emotional intelligence, personal accountability skills and more. Past participants report specifically that they also achieve new levels of confidence by gaining personal insights about themselves as leaders.
- **What is the style of learning used in the 26-week program?**
We use the Learn, Apply, Reflect model of learning. Each topic is covered over two weeks. In week one, the cohort will be introduced to the leadership concept in an interactive, conversational discussion. Between week one and two, participants will process and apply the new concept in their daily interactions and will have access to supplemental materials that support their learning and application. When the cohort meets for Week Two, participants will share reflections, validate thinking and solidify their learning. This methodology increases retention of knowledge and skills so leaders can apply when it matters most.
- **Who will be in my cohort?**
Cohorts will be comprised of like-minded professionals in similar roles from a variety of different organizations and industries. Strict confidentiality is a ground rule for participation, and it will be maintained and enforced.
- **What if I can't make my session?**
We ask that you commit to protecting your calendar so that you can make every effort to attend the weekly one-hour Authentic Leadership coaching sessions. If sessions must be missed, cohort coaches and participants are willing to help with catch up.

- How much work is there to do between sessions?
The work between sessions is tied to the concepts being shared and will make sense to practice and integrate into your daily interactions. There may occasionally be instances where we ask you to carve out time to capture more reflection or insight. Past participants have been successful completing assigned tasks while maintaining their full work schedule. We anticipate that there will be no more than 30-60 minutes of additional time spent outside of weekly cohort calls.
- How will I access the video platform?
Each cohort will have a dedicated, recurring Zoom link for their weekly calls that will be shared with you once your cohort is confirmed.
- Is there a workbook for the program?
Once your enrollment is confirmed, you will receive a link to a digital guide that will be fillable. We also recommend that you come with a dedicated program notebook or journal to capture your learning, experience, and insights throughout the Authentic Leadership 26 weeks. Our participants find their notes serve to reinforce what they are learning and a useful tool once the program ends.
- Does the program have a separate kick-off/orientation in advance of the first day?
Yes, once participants are enrolled and cohorts are formed, we will offer a live program orientation to review logistics, format expectations and to field your questions.
- How much will the program cost?
Cost per participant for the 26-week program is \$3,000.
- What is included in the program?
The program includes 26 weekly, one-hour, live, coach-led cohort sessions and supplemental materials. You will have access to the Authentic Leadership Journey.
- What payment options are available?
Online payment via our registration page can be made via stripe or PayPal. If you are being sponsored by your employer, we can discuss their preferred payment method with you individually.